



## Should I be checked for Skin Cancer?

While protecting your skin from UV radiation is the best defence against skin cancer, it is also important to regularly check your skin for new or changed spots. About 95% of skin cancers are treatable if found early. Skin cancer can appear anywhere on your body, so it is essential to check your whole body, not just areas exposed to the sun.



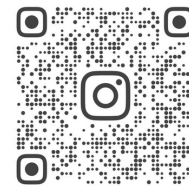
## For more information

check our social media  
or enquire with our  
friendly reception.

### WEBSITE



### INSTAGRAM



MYHMEDICALCENTRE



1/124 Military Rd,  
Neutral Bay NSW 2089



02 8319 8777



care@myhmedical.com.au



www.myhmedical.com.au



**Proudly AGPAL  
Accredited**

Our commitment to  
your safety and care



## Book Now

## MIND YOUR HEALTH MEDICAL CENTRE

# Skin Services

Since 2017

## More about our services

### Skin Checks

Gold standard using a dermoscope. Usually involves survey of skin over the whole body but you can have as much or as little of the skin checked as you like.

### Shave Removal

Removal of cancerous or noncancerous growth with the appropriate depth so that the wound heals flat in 1 week with minimal scarring, and no suturing.

### Cryotherapy

Liquid nitrogen is used to freeze and destroy single or multiple growths. The procedure does not require anesthesia, causes minimal discomfort, and is performed within a few minutes.

### Scar treatments

Treatment of hypertrophic and keloid scars with steroid injections. Excision of old scars.

### Nail issues

Treatment of ingrown toe nails and fungal infections. Local anaesthesia is used if required.

# Procedures

## Biopsy

From  
\$75

Wart removal  
Suspicious spots  
Shave removal

## Skin check

From  
\$100

Thorough  
Head to toe  
Microscopic Skin Check  
for cancer

## Excisions

From  
\$150



Talk to  
your GP  
today!



## Skin Cancer Biopsy & Removal

Performed by your GP under local anaesthesia. After the area is numb, part or the entire growth will be removed and sent to a pathology lab for microscopy analysis. The results will take a few days.

- **Shave**  
Superficial  
No stitching involved  
Healing: 7 - 10 days
- **Punch** (small cylindrical instrument)  
Deeper  
Healing: 1 to 2 weeks
- **Excision**  
Complete removal  
Suture needed  
Healing: 1 to 2 weeks  
Linear scar

Scarring might vary depending on your skin type.